



Ordinances Structure for
BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.)
Academic Session 2015 - 2017.

Faculty of Education
B.P.Ed.
(Two Year Semester Programme)

Faculty of Education
Bachelor of Physical Education (B.P.Ed.)
(Two Year Semester Programme)

ORDINANCES & RULES / REGULATIONS

The Programme:

The Bachelor of Physical Education (Two Year Semester Programme), a regular full time two years Bachelor Degree Programme in Physical Education, of the Dr. Bhim Rao Ambedkar University, Agra is a professional course that prepares teachers for Upper Primary or Middle Level (class VI – VIII), Secondary Level (class IX – X) and Senior secondary level (XI – XII).

Eligibility :

Norms and standards prescribed by NCTE /UGC/State Government or any other competent body for admission to B.P.Ed. Course shall be followed.

The nature of B.P.Ed course is such that it involves vigorous physical activity as such physically handicapped persons are not allowed to take admission in this course. It is also compulsory for the married women candidates to sign an undertaking that they will discontinue the course at once if they get pregnant during the course of study.

Note:- Institution cannot lower the admission requirements set by above mentioned agencies. However they can raise it on the basis of availability of candidates.

- a) Bachelor's degree in any discipline with 50% marks and having least participation in Inter College/ Inter- Zonal/ District/School Competition/ in sports and games recognized by the AIU/IOA/SGFI/Govt. of India.

Or

- b) Bachelor's Degree in physical education with 45% marks.
Or
- c) Bachelor's Degree in any discipline with 45% marks and studied physical education as compulsory / Elective subject.
Or
- d) Bachelor's degree with 45% marks and having participated in National/Inter-University/State competitions or secured 1st, 2nd, or 3rd position in Inter College/ Inter- Zonal/ /District / School competition in sports and games as recognized by the AIU/IOA/SGFI/Govt. of India.
- e) Bachelor's degree with participation in international competitions or secured 1st, 2nd, or 3rd position in National/Inter-university competition in sports and games as recognized by respective federation/AIU/IOA/SGFI/Govt. of India.
Or
- f) Graduation with 45% marks and at least three years teaching experiences (for deputed in service candidates i.e. trained physical education teacher/ coaches.

The relaxation in the percentage of marks in the qualifying examination and in the reservation of seats for SC/ST/OBC and other categories shall be as per the rules of Central govt./ State government whichever is applicable.

Age: No Upper Age limit bar is upto 28 years of age.

Study Gap Provision: As per University norms.

Duration / Working Days:

The B.P.Ed. programme shall be of duration of two academic years and of four semesters. An Academic year is divided into two semesters. Each semester will consist of 17 – 20 weeks of academic works equivalent to 100 actual days. The odd semester may be scheduled from May/June to November/ December and even semester from November/December to May/June. However, the students shall be permitted to complete the programme requirement within a maximum of three years from the date of admission to the programme.

Working Days:

There shall be at least 200 working days per year exclusive of admission and examination process. The institution shall work for a minimum of 36 hours in a week (five or six day a week).

Intake / Seats :

There shall total 50 (Fifty) intake in B.P.Ed programme (Reservation rules shall be allowed to SC/ST/OBC/Women according to University norms)

Attendance:

- (a) Student must have 75% attendance in each course for appearing the examinations.
- (b) Students who have 74% to 65% of attendance shall apply for condonation in the prescribed form with the prescribed fee.
- (c) Students who have 64% to 50% attendance shall apply for condonation in prescribed form with the prescribed fee along with the medical certificate.
- (d) Students who have below 50% of attendance are not eligible to appear for examinations.
- (e) Student's monthly attendance reports to be send to controller of examination's office, at last controller of examinations will allow appearing in semester examination only those students who will come under criteria.
- (f) Grievance redressal committee to be form by the Registrar/ Dean/Principal of course.

Admission Procedure:-

Admission shall be made on merit on the basis of marks obtained in the entrance examination, which will be consisting of:

1. **Written Test:** 100 multiple choice questions each for one marks will given, Duration of written test shall be one hours. Syllabus of written test: General Knowledge, Current Affairs, Basic Anatomy and physiology, Fundamentals of Physical Education, Basic Health Education, Knowledge of Games Rules, History of Sports and Sports Psychology and Sociology.
2. **Sports Proficiency Test** :- Skill test of specific Games/Events of candidate's interest will be taken. Separate time will be allotted according to their specific games/events. Maximum marks for skill test will be 50.
3. **Physical fitness Test** :- Modified AAPHERD Test shall be conducted for this purpose. (Details of test items and scoring norms are attached with this ordinance.
4. Marks obtained in the qualifying examination.

Entrance test must be conducted by those experts who are eligible to be appointed as examiners in B.P.Ed course.

Fees:

Fee of this course shall be as per the University Norms. For the session 2015 – 2016, it shall be Rs. 20250- per one academic year/ two semesters. Further it may be updated according to university rules. Examination Fee is not included with course fee, candidates have to deposit examination fee at time of semester examination set according to university rules. Every candidate shall pay such fee to the institution / college / University under jurisdiction of the University as the syndicate may prescribe from time to time.

Examiners:

External & Internal Examiners will be appointed as per University Norms. The examiners both in theory and practical must be from the teaching department of B.P.Ed./M.P.Ed. and have at least 05 years experience of teaching the subject at the B.P.Ed level or above level. Two (2) external examiners each for Semester – I, Semester – II, Semester –III and

THREE (3) External Examiner for Semester – IV along with ONE internal examiner for each semester.

EXAMINATIONS:

- I. There shall be examinations at the end of each semester, for first semester in the month of November/December: for second semester in the month of may /June. A candidate who does not pass the examination in any subject shall be permitted to appear in such failed subject in the subsequent examinations to be held in November/December or may/June.
- II. A candidate should get enrolled/registered for the first semester examination. If enrollment /registration is not possible owing to shortage of attendance beyond condensation limit/rules prescribed or belated joining or medical grounds, such candidates are not permitted to proceed to the next semester. Such candidates shall redo the semester in the subsequent term of that semester as a regular student however, a student of first semester shall be admitted in the second semester, if he/she has successfully kept the term in first semester.

GRIEVANCE REDRESSAL COMMITTEE:

There shall be a grievance Redressal Committee in the department for each course. Under the chairmanship of Head of Department course, Teaching Faculties shall be the part of GRC. This committee shall solve all grievances of the students.

CREDITS:

The term 'Credit' refers to a unit by which the programme is measured. It determines the number of hours of instructions required per week. One credit is equivalent to one hour of teaching or one and half/two hours of practical work/field work per week. The term 'credit' refers to the weight given to a course, usually in relation to the instructional hours assigned to it. The total minimum credits, required for completing a B.P.Ed. programme is

90 credits and for each semester 20 credits. Students can earn maximum 06 bonus credits in each semester by his/her participation in the mentioned activities duly certified by the head of institution. This bonus credit will be used only to compensate loss of credits in academic activities.

PROVISION OF BONUS CREDITS MAXIMUM 06 CREDITS IN EACH SEMESTER

S.N.	Special credits for extra co-curricular activities	Credits
01	Sports achievements at state level competition (Medal Winner)	1
	Sports achievement National Level Competition (Medal winner)	2
	Sports participation international level competition	4
02	Inter university participation (any one game)	2
03	Inter college participation (min. two games)	1
04	National cadet corps / National service scheme	2
05	Blood donation/ Cleanliness /Community services	2
06	Mountaineering – basic camp, Advance Camp/ Adventure activities	2
07	Organization/Officiating- State /National level in any two game	2
08	News reporting / Article writing /Book writing / progress report writing	1

09	Research Project	4
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Evaluation:

The performance of a student in each course is evaluated in terms of percentage of marks with provision for conversion to grade point. Evaluation for each course shall be done by a continuous internal assessment (CIA) by the concerned course teacher as well as by end semester examination and will be consolidated at the end of course. The components for continuous internal assessment (CIA) are;

One test	15 marks
Seminar/ quiz	5 marks
Assignments	5 marks
Attendance	5 marks
Total	30 marks

Attendance shall be taken as a component of continuous assessment, although the students should have minimum 75% attendance in each course. In addition to continuous evaluation components, the end semester examination, which will be written type examination of at least 3 hours duration, would also form an integral component of the evaluation. The ratio of marks to be allotted to continuous internal assessment and to end semester examination is 30:70. The evaluation of practical work, wherever applicable, will also be based on continuous internal assessment and on an end – semester practical examination.

PATTERN OF QUESTION PAPERS:

Question papers shall have five questions corresponding to four units of each theory course.

Format of question papers for 4 units

Each question paper shall have five questions. The pattern will be follows.

Question no.	Description	Marks
1	Answer in detail (Long Question) (Form Unit 1)	15
2	Answer in detail (Long Question) (Form Unit 2)	15
3	Answer in detail (Long Question) (Form Unit 3)	15
4	Write short notes: any two out of four (From Unit 4)	15
5	M.C.Q. Type Questions (10 out of 12 Question) (3 Question from each unit)	10
	Total	70

MINIMUM PASSING STANDARD:

The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, i.e. 12 marks out of 30 marks and 28 marks out of 70 marks respectively for theory courses. The minimum passing for both CIA & External examination shall be 50% i.e. 15 marks out of 30 and 35 marks out of 70 marks for the practical courses.

GRADING:

Once the marks of the CIA (continuous Internal Assessment) and SEA (Semester End Assessment) for each of the courses are available, both (CIA and SEA) will be added. The marks thus obtained for each course will then be graded as per NCTE Norms. From the first semester onwards the average performance within any semester from the first semester is indicated by semester grade point average (S.G.P.A.) while continuous performance (including the performance of the previous semester also) starting from the first semester is indicated by Cumulative Grade Point

Average (CGPA). These two are calculated by the formula given in the NCTE B.P.Ed. Curriculum 2014.

CLASSIFICATION OF FINAL RESULTS:

For the purpose of declaring a candidate to have qualified for the degree of bachelor of physical education in first Class / Second Class/ Pass class or first class with distinction, the marks and the corresponding CGPA earned by the candidate in Core Course will be the criterion. It is further provided that the candidate should have scored the first /second class separately in both the grand total and end semester (external) examinations.

AWARD OF THE DEGREE:

A candidate shall be eligible for the award of the degree of B.P.Ed. only if he/she has earned the minimum required credit including bonus Credits of the programme prescribed in B.P.Ed. curriculum by NCTE.

COURSES OF PROGRAMME:

The B.P.Ed programme consists of a number of courses, the term 'course' applied to indicate a logical part of subject matter of the programme and is invariably equivalent to the subject matter of a "paper" in the conventional sense. The following are the various categories of courses suggested for the B.P.Ed. programme.

COURSES OF STUDY:

I. Theory:

- a. Core Course (CC)
- b. Elective course (EC)

II. Practicum: (PC)

III. Teaching Practices: (TP)

**Bachelor of Physical Education (B.P.Ed.)
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**DETAILED SYLLABUS FOR WRITTEN TEST
OF B.P.ED ENTRANCE**

Maximum Marks – 100

Duration – 3 Hours

Unit – 1

Fundamentals of Physical Education and history of games and sports:

- Meaning and Definition of Physical Education Aims and Objectives, Importance of physical Education.
- Important Institutions of Physical Education and Sports in India.
- Important sports awards and tournaments of various games and sports.
- Age and Physical activities and Sports, Chronological, Anatomical and Physiological ages.
- Brief History of Physical Education: Ancient to Modern.
- History of Olympic Asian and Commonwealth Games.
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Unit – 2

General knowledge and current affairs regarding sports and Games:

- Recants important tournaments of various games and sports
- Important awards of India.
- Important sports personalities of India and world
- Important associations/ federation and their officers.
- Literature / books related to games and sports personalities.

- Important days related to sports,
- Important committees related to games and sports issues.
- Latest India and world records of various games and sports

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SEMESTER – I

Course Code	Title of the Paper	Maximum Marks	Minimum Marks	Total Hours	Credits
Part A – Theory Section					
CC-101	History, Principles and Foundations of Physical Education Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
CC-102	Anatomy and Physiology Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
CC-103	Health Education and Environmental Studies Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
Elective Paper (Choose Any One)					
EC-101	Olympic Movement Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
EC-102	Officiating and Coaching Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
Part B – Practical Section					
PC-101	Track & Field (Running Events) Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
PC-102	Swimming/Gymnastics/Shooting Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
PC-103	Indigenous Sports: Kabaddi/Malkhamb/ Lezium / March past Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
PC-104	Mass Demonstration Activities: Kho – Kho/ Dumbbells/Tipri/Wands/Hoop/Umbrella Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
TOTAL		800	360	40	32

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SEMESTER – II**

Course Code	Title of the Paper	Maximum Marks	Minimum Marks	Total Hours	Credits
Part A – Theory Section					
CC-201	Yoga Education Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
CC-202	Educational Technology and Methods of Teaching in Physical Education Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
CC-203	Organization and Administration Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
Elective Paper (Choose Any One)					
EC-201	Contemporary issues in physical education, Fitness and wellness Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
EC-202	Sports Nutrition and Weight Management Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
Part B – Practical Section					
PC-201	Track and Field (Jumping Events) Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
PC-202	Yoga/Aerobics /Gymnastics/ Swimming Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
PC-203	Racket Sports: Badminton/ Table Tennis / Squash /Tennis Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
Part C – Teaching Practice					
TP-201	Teaching Practices (05 lessons in class room teaching and 05 lessons in outdoor activities) Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
TOTAL		800	360	40	32

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SEMESTER – III**

Course Code	Title of the Paper	Maximum Marks	Minimum Marks	Total Hours	Credits
Part A – Theory Section					
CC-301	Sports training Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
CC-302	Computer Applications in Physical Education Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
CC-303	Sports Psychology and Sociology Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
Elective Paper (Choose Any One)					
EC-301	Sports Medicine, Physiotherapy, and Rehabilitation Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
EC-302	Curriculum Design Term Exam Internal Assessment	70 } 30 } 100	28 } 12 } 40	4	4
Part B – Practical Section					
PC-301	Track and field (Throwing Events) Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
PC-302	Combative sports: Martial Arts/ Karate/ Judo / Fencing / Boxing /Taekwondo /Wrestling (any two out of these) Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
PC-303	Team Games: Baseball/ Cricket/ Football/ Hockey/ Soft ball/ Volleyball/ Handball/ Basketball/ Netball (Any two out of these) Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
Part C – Teaching Practice					
TP-301	Teaching Practice : Teaching Lesson Plans for Racket sports/ Team games/ Indigenous sports) (Out of 10 lessons 5 internal lessons and 5 external lessons at practicing school) Term Exam Internal Assessment	70 } 30 } 100	35 } 15 } 50	6	4
TOTAL		800	360	40	32

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SEMESTER – IV**

Course Code	Title of the Paper	Maximum Marks	Minimum Marks	Total Hours	Credits
Part A – Theory Section					
CC-401	Measurement and Evaluation in physical education Term Exam Internal Assessment	70 } 100 30 }	28 } 40 12 }	4	4
CC-402	Kinesiology and Biomechanics Term Exam Internal Assessment	70 } 100 30 }	28 } 40 12 }	4	4
CC-403	Research and Statistics in physical education Term Exam Internal Assessment	70 } 100 30 }	28 } 40 12 }	4	4
Elective Paper (Choose Any One)					
EC-401	Theory of sports and games Term Exam Internal Assessment	70 } 100 30 }	28 } 40 12 }	4	4
EC-402	Sports Management Term Exam Internal Assessment	70 } 100 30 }	28 } 40 12 }	4	4
Part B – Practical Section					
PC-401	Track and field/ Swimming /Gymnastics (anyone out of three) Term Exam Internal Assessment	70 } 100 30 }	35 } 50 15 }	6	4
PC-402	Kabaddi / Kho–Kho/ Baseball / Cricket/ Football/ Hockey /softball/ Volleyball/ Handball / Basketball/ Netball / Badminton/ Table tennis/ (any Two of these) Term Exam Internal Assessment	70 } 100 30 }	35 } 50 15 }	6	4
Part C – Teaching Practices					
TC-401	Sports Specialization: Coaching lessons plans (one for sports 5 lesson) Term Exam Internal Assessment	70 } 100 30 }	35 } 50 15 }	6	4
TC-402	Games specialization: Coaching lessons plans Term Exam Internal Assessment	70 } 100 30 }	35 } 50 15 }	6	4
Total Marks of Fourth Semester		800	360	40	32
Total Marks of Third Semester		800	360	40	32
Total Marks of Second Semester		800	360	40	32
Total Marks of First Semester		800	360	40	32
Grand Total		3200	1440	160	128